

Blue Peter

Make your own Doctor Who T-shirt



You will need

- ✓ Plain T-shirt
- ✓ Scissors
- ✓ Old toothbrush
- ✓ Cardboard
- ✓ Fabric paint
- ✓ Paintbrush
- ✓ Sticky tack

Introduction

Do you love Doctor Who? Why not stand out by making this Doctor Who inspired t-shirt. Don't forget to send us a picture at bluepeter@bbc.co.uk.

Instructions

Step 1



Print out the template and cut out the character that you would like to use on your t-shirt.

Step 2



Get your t-shirt and place your piece of cardboard inside.

Step 3



Grab your template and add some sticky tack to the back and secure it on your t-shirt where you'd like it to be. It doesn't have to be in the middle, you can be creative and put it at the bottom or even on the back!

Step 4



Choose the colour of fabric paint you are going to use and gently dunk your toothbrush into the paint - you might want to wear an apron or some old clothes to do this bit as the paint can be messy!

Step 5



Holding the toothbrush close to your t-shirt, use the bottom handle part of the paint brush to rub along the bristles which should flick the paint onto the t-shirt and around your stencil.

Step 6



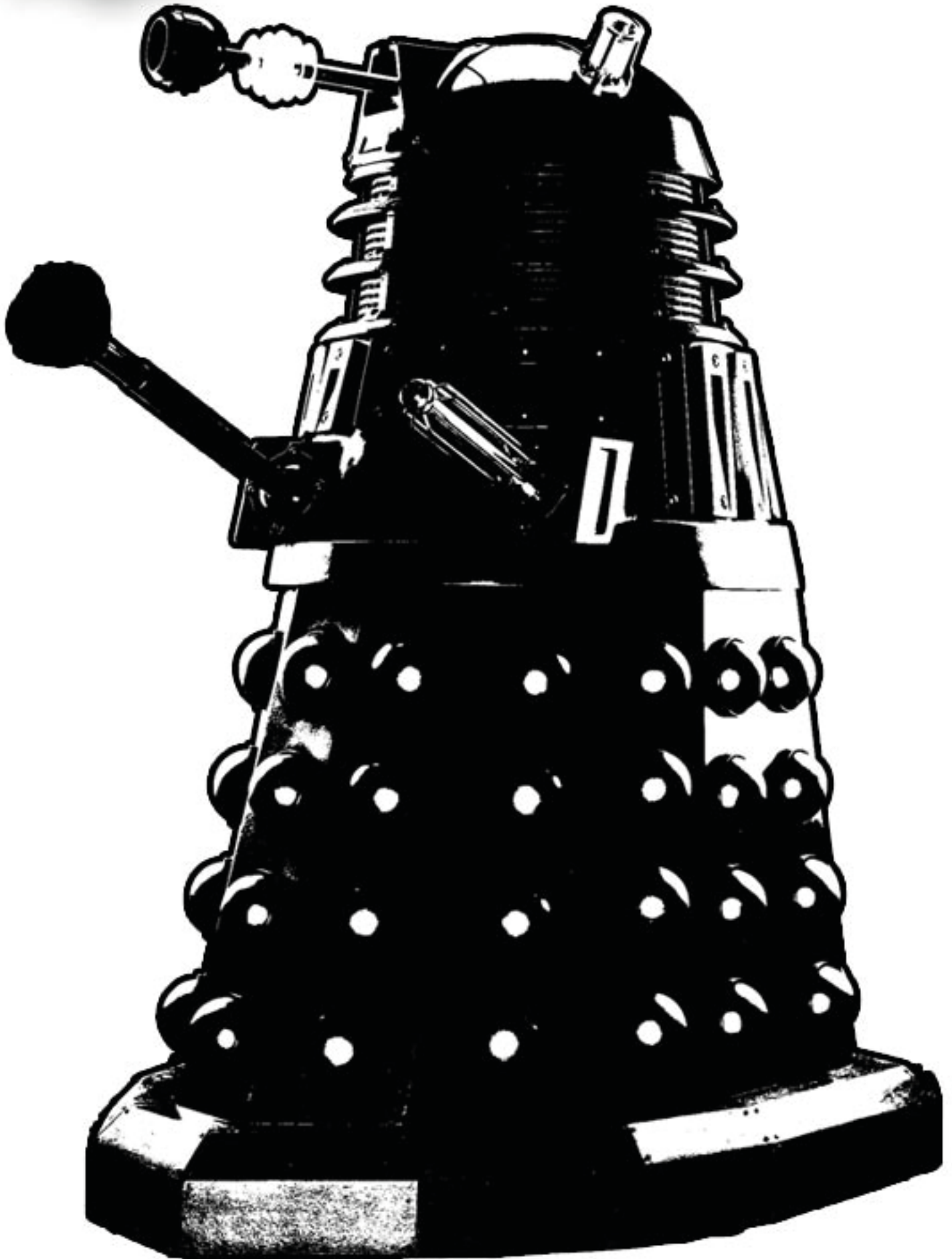
Allow the paint to dry (this could take up to 24 hours), once it's dry peel off your template.

Step 7



If you would like to add extra detail to your stencil you can do this using the paint brush and your fabric paint. If you do this then don't forget to wait for it to dry again before wearing it.

Doctor Who: Dalek Stencil





Doctor Who:
Doctor
Stencil



Doctor Who: TARDIS Stencil

