



Crash My Kitchen Application Form

Are you stuck in a rut at family meal times? Do you want to be inspired and excited by new foods? Then CBBC can help you!

We are looking for 8 – 13 year olds and their families to take part in an online mini-series where a mystery chef crashes your kitchen for the day!

If you're scared of spices or find your veggies vulgar, this series will change the way you eat and give you the chance to taste and learn about food from across the world from the comfort of your own home.

IF YOU WANT TO APPLY YOU NEED TO...

Get permission

- Make sure you have permission from your parent/guardian before sending us any personal details.
- Please note all contact numbers must be for a parent/guardian aged 18 years or over.
- You must be available for filming during **July 2015**.

Fill out and return the attached forms:

- We need to find out details about you and your family and why you think you should appear on the programme. So fill out the application forms and get your parent/guardian to sign the consent form.
- Your completed application form must include the signed consent slip and recent photographs of you, your family and the meal you are most fed up with (we will not be able to return these photos).
- Closing date for all applications is midnight **31st May 2015**, **but you should return the signed forms as soon as possible!**
- You can then either scan and email back your application form to cbbcsummerdishup@bbc.co.uk or post it to:

CBBC Dish Up Summer Production Team,
CBBC Interactive, 1st Floor, Bridge House,
MediaCityUk, Salford, M50 2BH

*Please note that, unfortunately, we cannot guarantee you will be contacted after submitting your application. If you have not heard back from us by **Fri 10th July 2015** then unfortunately your application has been unsuccessful. Applicants who are contacted are not guaranteed a place on the show.*

Thank you and good luck!



PARENTAL CONSENT FORM

To the Parent or Guardian:

Your child would like to apply for your family to take part in a CBBC online mini-series called *Crash My Kitchen*. The show will be transmitted on the CBBC website.

About the mini-series:

The mini-series will give 4 families the chance to put down the pots and pans and put aside their ordinary meals for a day as they allow a mystery chef to crash their kitchen. The families involved get to try out new and exciting cuisines from around the world.

The Application Process:

For the application to be considered, you need to provide the completed Application Forms, a signed parental consent form and photographs of your child, everyone in the family who would like to take part and their favourite meal (which we are afraid cannot be returned).

Please note

- Involvement in the programme could be subject to the BBC gaining the necessary licences for filming.
- There are no guarantees your child & family will be chosen to take part in the series.
- All production decisions are at the sole discretion of the production team.
- For the application to be considered, your child must be aged between 8 and 13 years old (as of the 1st April 2015)
- Filming will take place in July 2015 (exact dates – TBC)

The final date for applications is **31st May 2015**, so make sure you get your application to us by then.

The information you and your child provide will only be used to assess whether you are suitable contributors to the show. Should the application be successful, the information provided may be used by the programme for health & safety purposes, but will not be used for any other purpose without your permission. Both you and your child's details will be held securely and will not be passed to any other third parties. All details will only be kept if needed for the duration of the programme and all unsuccessful applications will be destroyed once they have been processed. For further information, please see the BBC's privacy policy at www.bbc.co.uk/privacy.

If successful, we will call the Parent/Guardian listed on your child's application form and not your child. The BBC operates a Child Protection Policy and all our staff comply with it.

The BBC's Child Protection Policy can be viewed at
www.bbc.co.uk/info/policies/child_protection.shtml



FOR PARENTS/GUARDIANS TO COMPLETE:

I can confirm that my child will be aged between 8-13 years old (as of the 1st April 2015), and is NOT a close relative of a BBC employee, and is a resident of the UK.

YES [] NO []

Does your child or any family member wishing to take part have any medical conditions (e.g. asthma, allergies, diabetes, epilepsy etc.) that we should be made aware of?

If yes please give details: YES [] NO []

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Please let us know if your child or any family member will require any special access arrangements for filming. We will make all necessary adjustments and actively encourage applications from all children.

If yes please give details: YES [] NO []

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Has your child or any of your family appeared in any television programmes before?

If yes please give details: YES [] NO []

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Do you or your child have any holiday plans during July 2015 that would make you unavailable for filming? (Filming is due to take place from mid July 2015 and would involve one day's filming.)

If yes please give dates: YES [] NO []

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Would you be happy for your child to be considered for other CBBC shows? If we believe your child may be appropriate for another CBBC show, we will contact you about it and will not contact your child directly. Details will be kept on file for 6 months.

Please tick relevant box: YES [] NO []

I confirm that I have given consent for this application to be considered and I am happy for my child to take part if selected.

I am the child's parent / guardian (delete as appropriate)

NAME OF PARENT/GUARDIAN (print):

SIGNED: DATE:

ADDRESS:

.....
TELEPHONE: MOBILE:

EMAIL:

FOR THE CHILD APPLICANT TO COMPLETE:

PLEASE FILL IN ALL SECTIONS. You can use an extra page if you need to. Please also attach A RECENT PHOTO OF YOU AND THE FAMILY MEAL YOU ARE MOST FED UP WITH (sorry, we cannot return the photo)

<u>ABOUT YOU:</u>	
Full Name	
Date of Birth & Age	
Home Town	
Name of Parent/Guardian	
Contact Telephone number & email address for your Parent/Guardian	
What foods do you like? (Give us lots of examples – what makes you go YUUUM!?)	
What foods do you dislike? (Give us lots of examples – what makes you go EUUGGH!?) What family meal are you most fed up with?	
Is there any food you won't eat?	
Who does the cooking at home? Do you join in with the cooking at home?	
Describe a typical meal in your house.	<u>Breakfast:</u>

	<p><u>Lunch:</u></p> <p><u>Dinner:</u></p>
<p>What do you want to change about your food at home?</p>	<p>Eat less of:</p> <p>Eat more of:</p>
<p>What different foods have you tried from around the world?</p>	
<p>What different food would you like to try?</p>	
<p>Describe yourself in 3 words (e.g. fun, sporty, bossy)</p>	
<p>What are your hobbies?</p>	
<p>Tell us about your family. Mum/Dad/brothers/sisters?</p>	
<p>Who is the fussiest eater and why?</p>	
<p>Why should you and your family be chosen to appear on the show?</p>	
<p>Do you have any allergies or dietary requirements?</p>	

FOR THE PARENT OR GUARDIAN TO COMPLETE:

PLEASE FILL IN ALL SECTIONS. You can use an extra page if you need to. Please attach a RECENT PHOTO OF EACH FAMILY MEMBER who would want to take part in filming (sorry we cannot return the photos).

<u>ABOUT YOUR FAMILY:</u>	
Full Name of Parent/Guardian	
Contact Details Phone (landline where possible) & email if different from above.	
Home Town	
List your family members Would you all want to take part in filming?	
How would you describe your family? Do you have any funny stories about the people in your family?	
How would you describe your family's diet?	
Who does the cooking at home?	
What foods do you like?	
What foods do you dislike?	
Is there any food that you refuse to eat?	
Who is the fussiest eater in your home?	

<p>Describe a typical meal in your house.</p>	<p><u>Breakfast:</u></p> <p><u>Lunch:</u></p> <p><u>Dinner:</u></p>
<p>What would you like to change about your food at home?</p>	<p>Eat less of:</p> <p>Eat more of:</p>
<p>What different foods have you tried from around the world?</p>	
<p>What different food would you like to try?</p>	
<p>Describe a typical day in the life of your family</p>	
<p>Why should you and your family be chosen to appear on the show?</p>	
<p>Do you or anyone in your family have any allergies or dietary requirements?</p>	

Thank you for taking the time to fill out this application form.
We will be in touch if we need any further information.