



Nina and the Neurons

Taste



You will need

Paper napkin
Cracker or biscuit
Glass of water

1

Stick out your tongue and dry it with the paper towel, then have a bite of your biscuit.



Remember to ask a grown-up for help

2

What does the biscuit taste like?

3

Have a drink of water, then have another bite of biscuit.

4

Does the biscuit taste better this time?

5

The first time, we dried our mouths, so there was no saliva for the tastes to dissolve in. The saliva helps us to taste things!